

The High Holidays: A Re-Orientation, with Rabbi David Freidenreich
Sunday, September 25, 12:30 p.m. (after Books & Bagels; see below)
Adas Yoshuron Synagogue

Whether this is your first High Holiday season or your ninety-first, Rosh Hashanah and Yom Kippur can be disorienting and, in a sense, they're meant to feel that way. Come sharpen your mental road map of the Days of Awe so that you'll be better able to find meaning and moments of emotional connection during High Holiday services. We'll also discuss how to make the most of Rosh Hashanah and Yom Kippur to get to where you want to go in the new year.

Adas Yoshuron's special High Holidays Committee arranged for this workshop in response to strong feedback and multiple requests from members and is a great learning opportunity, whatever your level of knowledge about the High Holiday services.

Lunch will be provided! RSVP to let us know you're coming.

info@adasyoshuron.org
207-594-4523

"Love and Treasure" with Books & Bagels, Sunday, September 25, 10 a.m.
Adas Yoshuron Synagogue

Prior to Rabbi Freidenreich's session, Books & Bagels will meet on Sunday at 10 a.m. to talk about Love and Treasure, by Ayelet Waldman. who will join the conversation from California by Skype.

Fresh bagels, hot coffee, and a conversation with the author what could be better? Please join us. Questions? Contact Judy Stein, judykstein@gmail.com; 338-5318.

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